



Mental Health Awareness Week

MONDAY 7TH OCTOBER

16:00—16:30

MHAW launch (library area)

16:30—17:30

»Mental Health: Let's Talk« by
Juliane Hug, EAAD (library area)

TUESDAY 8TH OCTOBER

09:00—15:00

Health insurance services info
booth by Tilo Straube, TK (library
area)

09:00—15:00

Relaxation techniques workshop
by Martin Anacker, Life Kinetik
(drop-in sessions starting on the
hour, V03)

THURSDAY 10TH OCTOBER

16:00

Closing remarks & social event
with MPI-CE & MPI-BGC (library
area)
